



<https://www.thesun.co.uk/>

How shaving your armpits WITHOUT water can make your skin darker – but you can fix it with lemon juice



So what do you do? Grab that old razor and quickly swipe it under each arm. Sorted.

Well it turns out this chain of events (which happens more often than we'd care to admit), could actually be making the skin under our arms darker.

Speaking to [Refinery29](#), dermatologist Dr Sheel Desai Solomon explained that shaving dry skin with a dull blade make the skin darken over time.

What's more, this combination also makes armpit hair go back thicker which makes it even harder to tackle long-term.

In order to lighten the skin under your armpits, the dermatologist recommended making an at-home chemical exfoliator.

Lemon juice works as a lightening agent and can be used with aloe vera to combat the dark skin:

She said: "Take one tablespoon of lemon juice (which works as a lightening agent), one tablespoon of aloe vera and mix them together.

"Apply this mixture on the armpits and leave for 10 minutes, then wash off normally."

The combination of the acidic, lightening lemon juice and soothing aloe vera promises to lighten armpit skin with regular use.

Dr Solomon added: "Aloe vera is rich in moisturising and anti-inflammatory properties and it contains the depigmenting element aloin."

<https://www.thesun.co.uk/fabulous/9632523/shaving-armpits-water-razor-lemon-juice-aloe-vera/>