

Women's Health

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15 Eye Serums For Dark Circles, Wrinkles, and Puffiness



Whether you spent all night bingeing Netflix, stared down a computer screen for 10 hours at work, or shed happy tears after hitting a new race PR, puffy eyes are no fun. "The skin around your eyes is more delicate because it's thinner than the skin on your face and body," explains Sheel Desai Solomon, MD, a dermatologist in Raleigh, North Carolina. This thin skin, coupled with the constant movement of your eyes—blinking, expressing emotions, and squinting—means your peepers are one of the first areas to show signs of aging.

Enter eye serum, eye cream's smarter, harder-working sister. While eye creams and serums are both formulated to care for the delicate (and let's be honest, problem-prone) under-eye area, the latter delivers results some creams just can't. Eye serums are made up of micro-sized molecules infused with active ingredients that can penetrate much deeper than a thick cream, which in turn can give you faster results.

Another added benefit of the thinner consistency: they wear well under makeup (TBH, you may not need as much concealer after using these anyway). Ahead, shop 15 of the best eye serums you'll ever try.

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